



This institution is an equal opportunity provider. Menus are subject to change.

photo



**Attention Parents...**

**You are invited to have lunch with your child during the month of April. Your child's day is listed on the menu under lunch as either their teacher's name or their grade level.**

**Please call 724-479-3601, ext. 1144 to make a reservation.**



**TIME TO BLOSSOM.**

The flowers are coming out of hiding – and so should you! That resolution to exercise more that seemed so hard in the cold light of January is much more do-able as the weather warms!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!**

**BEAK EFFICIENCY.**

The Tufted Puffin of the North Pacific eats mostly small fish that it catches as it swims. It may carry several dozen fish all at once in its big beak back to its young in the nest!

Photo by Nature's Pics

**ANIMAL APPETITES**

**Breakfast**  
Paid \$1.35 Red. \$.30  
**Lunch**  
Paid \$2.40 Red. \$.40

M. Susan McLoughlin, MS, RD, LDN  
Food Service Director



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724-479-3601 Ext. 1144

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) for information concerning your child's meal account!

**Tuesday, April 3**

**Breakfast**  
Dutch Waffle  
Mixed Fruit  
**Lunch**  
Mrs. Hirsh  
Steak Hoagie w/wo Peppers, Onions & Cheese  
Oven Fries-Seasoned Corn  
Pineapple Tidbits  
Vanilla Wafers  
**Alternate Entrees**  
Hot Dog w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Wednesday, April 4**

**Breakfast**  
Ham & Cheese Bagel  
Pineapple  
**Lunch**  
Mrs. Strini  
French Bread Pizza  
Tossed Salad  
Seasoned Green Beans  
Warm Spiced Apples  
**Alternate Entrees**  
Meat Ball Sub w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Thursday, April 5**

**Breakfast**  
French Toast Sticks  
Sausage Patty-Applesauce  
**Lunch**  
Mrs. Detwiler  
Turkey & Cheese Hoagie  
Lettuce & Tomato  
Pasta Fagioli Soup  
Spicy Curly Fries  
Fresh Orange Quarters  
**Alternate Entrees**  
BBQ Rib w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Friday, April 6**

**Breakfast**  
Chocolate Chip Muffin Top  
Mandarin Oranges  
**Lunch**  
Mrs. Stossel  
Super Nachos w/wo Chili, Chips & Cheese  
Seasoned Sweet Peas  
Strawberry Cup  
**Alternate Entrees**  
Corn Dog  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Monday, April 9**

**Breakfast**  
Sausage Breakfast Pizza  
Peaches  
**Lunch**  
Mrs. Kowchuck  
Soft Taco  
Lettuce & Tomato  
Steamed Broccoli  
Buttered Noodles  
Mixed Fruit  
**Alternate Entrees**  
Hamburger w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Tuesday, April 10**

**Breakfast**  
Breakfast Donut  
Pears  
**Lunch**  
Stuffed Crust Pizza  
Sweet Potato Coins  
Celery Sticks  
Fresh Apple Slices  
Fruit Juice Bar  
**Alternate Entrees**  
Hot Dog w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Wednesday, April 11**

**Breakfast**  
Pancake & Sausage Stick  
Mixed Fruit  
**Lunch**  
BBQ Pulled Pork Sandwich  
Tater Tots  
Tossed Salad  
Chilled Peaches  
Mini Rice Krispie Treat  
**Alternate Entrees**  
Meat Ball Sub w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Thursday, April 12**

**Breakfast**  
Pop Tart— Hash Brown  
Pineapple  
**Lunch**  
Oven Roasted Turkey  
Whipped Potatoes  
Seasoned Corn  
Dinner Roll  
Blushed Pears  
**Alternate Entrees**  
BBQ Rib w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

**Friday, April 13**

**Breakfast**  
Bacon & Cheese Bagel  
Applesauce  
**Lunch**  
Mrs. Bell  
Pop Corn Chicken Bites  
Hobo Beans-Glazed Carrots  
Mandarin Oranges  
Double Chocolate Cookie  
**Alternate Entrees**  
Corn Dog  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad



**Q: What do you call two banana peels?**



**A: A pair of slippers!**

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

<p><b>Monday, April 16</b></p> <p><b>Breakfast</b> Blueberry Crumb Cake Strawberries</p> <p><b>Lunch</b> <b>Mrs. Gates</b> French Toast Sticks Sausage Links Roasted Potatoes Assorted Juice-Pineapple</p> <p><b>Alternate Entrees</b> Hamburger w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Tuesday, April 17</b></p> <p><b>Breakfast</b> Sausage Breakfast Pizza Applesauce</p> <p><b>Lunch</b> Italian Panini Sandwich Lettuce &amp; Tomato Cheesy Potatoes Black Bean Salsa-Chips Chilled Pears</p> <p><b>Alternate Entrees</b> Hot Dog w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Wednesday, April 18</b></p> <p><b>Breakfast</b> Chocolate Croissant Peaches</p> <p><b>Lunch</b> Boneless Chicken Wings Baked Potato Broccoli w/wo Cheese Sauce Dinner Roll Mandarin Oranges</p> <p><b>Alternate Entrees</b> Meat Ball Sub w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Thursday, April 19</b></p> <p><b>Breakfast</b> Cheesy Scrambled Eggs Bagel Half-Pears</p> <p><b>Lunch</b> Cheese Pizza Tossed Salad Fresh Veggie Cup Chilled Applesauce Candy Cookie</p> <p><b>Alternate Entrees</b> BBQ Rib w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Friday, April 20</b></p> <p><b>Breakfast</b> Cinnamon Roll Mixed Fruit</p> <p><b>Lunch</b> <b>2nd Grade</b> Walking Taco Lettuce &amp; Tomato Tater Tots-Corn on the Cob Diced Peaches</p> <p><b>Alternate Entrees</b> Corn Dog Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>
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<p><b>Monday, April 23</b></p> <p><b>Breakfast</b> Jumbo Waffles Bacon-Pineapple</p> <p><b>Lunch</b> <b>3rd Grade</b> Pop Corn Chicken Bites Whipped Potatoes Seasoned Corn Chilled Strawberries</p> <p><b>Alternate Entrees</b> Hamburger w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Tuesday, April 24</b></p> <p><b>Breakfast</b> Pop Tart— Hash Brown Mandarin Oranges</p> <p><b>Lunch</b> Shrimp Poppers Glazed Carrots Tossed Salad Chilled Pears Chocolate Chip Cookie</p> <p><b>Alternate Entrees</b> Hot Dog w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Wednesday, April 25</b></p> <p><b>Breakfast</b> Bacon &amp; Cheese Bagel Applesauce</p> <p><b>Lunch</b> <b>4th Grade</b> Mrs. T's Pierogies w/wo String Cheese Stick Seasoned Sweet Peas Dinner Roll-Banana</p> <p><b>Alternate Entrees</b> Meat Ball Sub w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Thursday, April 26</b></p> <p><b>Breakfast</b> Blueberry Muffin Top Peaches</p> <p><b>Lunch</b> <b>5th Grade</b> Toasted Cheese Sandwich Creamy Tomato Soup Gold Fish Crackers Carrot &amp; Celery Sticks Pineapple Tidbits</p> <p><b>Alternate Entrees</b> BBQ Rib w/wo Bun Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>	<p><b>Friday, April 27</b></p> <p><b>Breakfast</b> Pancake &amp; Sausage Stick Pears</p> <p><b>Lunch</b> <b>6th Grade</b> Chicken Nuggets Oven Fries-BBQ Baked Beans Dinner Roll Mixed Fruit</p> <p><b>Alternate Entrees</b> Corn Dog Chicken Patty w/wo Bun PBJ, Chef or Tuna Salad</p>
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**Monday, April 30**

**Breakfast**  
Breakfast Donut  
Mixed Fruit

**Lunch**  
Round Pizza  
Seasoned Green Beans  
Sweet Potato Fries  
Chilled Pineapple  
Gold Fish Grahams

**Alternate Entrees**  
Hamburger w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

*photo*

*Available Daily*

Breakfast  
Alternate Entrees: assort cold cereals, cereal bars & yogurt  
Daily juice choices: orange, apple & grape

At breakfast...students MUST choose a fruit and two other menu items to qualify as a meal. Additional items chosen above the four item limit will be charged ala carte.

Lunch  
At lunch...students MUST choose a fruit or vegetable and two other menu items to qualify as a meal. Additional items chosen above the five item limit will be charged ala carte.

Daily milk choices: 1% white, skim & fat free chocolate, strawberry & vanilla